

Served 12.00 - 2.30pm and 6.00pm - 9.30pm Monday-Saturday  
and 12.00 - 2.30pm and 5.30pm - 9.00pm Sunday

All our meals are freshly prepared to order, which may cause a delay at busy times. Thank you for your understanding.

## Main Courses

<b>Braised Mussels</b>	<b>8.95</b>	<b>Roasted Salmon Supreme</b>	<b>11.85</b>
<i>A bowl of Bantry Bay mussels cooked with fresh garlic, cream and a splash of pimento, served with seeded brown rolls.</i>		<i>Skewered fresh Scottish Salmon, gently roasted with sautéed vegetables and plump crevettes drizzled with a light Asian dressing. Served with a choice of potatoes.</i>	
<b>Chicken &amp; Bacon Caesar Salad</b>	<b>8.95</b>	<b>Roasted Seabass</b>	<b>13.65</b>
<i>Crispy gem lettuce drizzled with caesar dressing, topped with chargrilled chicken, bacon and large croutons.</i>		<i>Crispy skinned seabass served with vanilla infused potato puree and finished with creamed mussel, caper, prawn and herb chowder. Served with a choice of salad or vegetables.</i>	
<b>Ham &amp; Mushroom Tagliatelle</b>	<b>9.35</b>	<b>Seared Duck</b>	<b>13.05</b>
<i>Ribbons of egg pasta, pan fried shallots, diced prosciutto and mushroom bound in a creamy sauce and finished with Parmesan shavings. Served with a garlic baguette.</i>		<i>Seared duck breast served with a vegetable couscous tian and deep fried parma ham drizzled with a rich black cherry and ginger jus. Served with a choice of salad or vegetables.</i>	
<b>Smothered Chicken</b>	<b>5.15</b>	<b>Beef Medallions</b>	<b>14.05</b>
<i>A tender fillet of chicken served with a choice of potatoes and salad or vegetables smothered in either:</i>		<i>Two baby fillet steaks flash fried with hot Caribbean spices set on a bed of sweet potato puree and crispy onion rings, splashed with tequilla jus. Served with a choice of salad or vegetables.</i>	
<b>BBQ Sauce</b>	<b>9.65</b>		
<b>Cheese &amp; Ham</b>	<b>9.85</b>		
<b>Onions, Mushroom &amp; Stilton</b>	<b>9.85</b>		
<b>Vegetable Stack</b>	<b>11.75</b>		
<i>Mille feuillies of filo pastry stacked between sautéed mushrooms, artichokes, avocado and cherry tomatoes, drizzled with a tarragon and sun blushed tomato sauce. Served with a choice of potatoes.</i>			
<b>Baked Wild Mushrooms</b>	<b>11.60</b>		
<i>Sautéed wild mushrooms, spinach and Roquefort baked in a butter puff pastry finished with a light cream sauce. Served with a choice of potatoes.</i>			
<b>Pork Escalopes</b>	<b>11.85</b>		
<i>Pan-fried pork escalopes set on a bed of crushed potatoes and finished with a rich Stilton, leek and cider sauce. Served with a choice of salad or vegetables.</i>			

